

PANTHER RUN ELEMENTARY PANTHER PRINTS NEWSLETTER



Moraima del Sol, *Principal*
Dr. Shannon Michael Chacona, *Asst. Principal*

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SUPERINTENDENT OF
SCHOOLS

- October 2, 2023: Custodian Appreciation Day.*
- October 3, 2023: Interim Reports issued for the 1st Quarter.*
- October 2-6, 2023: Book Fair. See schedule on page 4 of this newsletter.*
- October 4, 2023: Book Fair open late from 4:00 - 6:30 p.m.*
- October 4, 2023: Literacy Night from 5:30 p.m. - 7:30 p.m.*
- October 6, 2023: Fun Friday - Breast Cancer Awareness. Wear pink.*
- October 13, 2023: Fun Friday - Detective Day.*
- October 17, 2023: Grade level Candy Wars begin.*
- October 20, 2023: Fun Friday - Red Ribbon Week*
- October 23, 2023: Early Release Day. Students are dismissed at 12:00 noon.*
- October 24, 2023: Employee Planning. No school for students.*
- October 25, 2023: 2nd Quarter begins.*
- October 25, 2023: School Advisory Council Meeting at 2:15 p.m. in the Media Center.*
- October 27, 2023: School Tour at 9:00 a.m.*
- October 27, 2023: Fun Friday - Costume Day. No masks or weapons.*
- October 27, 2023: Trunk or Treat from 6:00 p.m. - 8:00 p.m. in the back parking lot.*
- October 31, 2023: Kid of Character Assembly. Character Trait: Responsibility.*



2023/24 SCHOOL CALENDAR

For an ADA accessible version of this calendar, visit browardschools.com/accessiblecalendar.

AUGUST				
M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	

SEPTEMBER				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

OCTOBER				
M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

NOVEMBER				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	

DECEMBER				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

JANUARY				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

FEBRUARY				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	

MARCH				
M	T	W	T	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

APRIL				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

MAY				
M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

JUNE				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

- Employee Planning (no school for students)
- Schools and Administrative Offices Closed
- Schools Closed
- Report Cards Issued
- Interim Reports Issued
- Early Release Day
- First and Last Day of School

Hurricane Make-up Days: 10/23/23, 1/19/24, 3/21/24, 5/24/24, 6/10/24



School Advisory Council Meeting Dates

- September 27, 2023
- October 25, 2023
- November 29, 2023
- December 20, 2023
- January 31, 2024
- February 28, 2024
- March 20, 2024
- April 24, 2024
- May 22, 2024

All meetings will be held at 2:15p.m.

School Advisory Forum Meeting Dates

- September 27, 2023
- November 29, 2023
- January 31, 2024
- March 20, 2024
- May 22, 2024

Attention Parents: Please use run_dismissals@browardschools.com to make any changes to your child's dismissal. Always attach the photo ID of parent/guardian requesting the change. Remember, only persons listed on a student's emergency contact form will be allowed to pick up a child.

Ready for You: You can quickly and easily access the information you need to prepare for the new school year by visiting <https://www.browardschools.com/readyforyou>. This includes the school year calendar, registration information for new students, back-to-school online forms for returning students, before and after school childcare, breakfast and lunch menus, student transportation and Register to Ride, and more.

Panther Run Website: Please check out our school's website at <https://www.browardschools.com/panherrun>. It provides information about our school and covers a variety of topics including: administration news, school hours, weekly Panther Prints Newsletter with calendars of events, PTA & Advisory news, Student Handbook and other downloadables and educational links to help your child learn at home. We look forward to an exciting and successful school year. If you need technology support, please call the school at 754-323-6850 Monday through Friday from 8:30 a.m. to 1:30 p.m.

Register 2 Ride School Bus Initiative: Please visit <https://tfsweb.browardschools.com/ride> to register your child for a school bus. Only students who are registered will be eligible to ride. There you will find information for the upcoming Transportation open house scheduled for Saturday, Aug. 19th from 10:00 a.m. to 2:00 p.m. and Sunday, Aug. 20th from 1:00 p.m. - 3:00 p.m. Please see the flyer on the following page for location address for our area.

Anti-Bullying Policy 5.9 Training: At the beginning of each school year, teachers, staff and students are required to participate in educational trainings regarding Policy 5.9 Anti-Bullying (Grades K-12). Recognizing that parents are an integral part of a school's environment and their child's safety, the School Board of Broward County is giving parents, guardians & caregivers the opportunity to participate in a training module developed specifically for them on Policy 5.9, Anti-Bullying. Please utilize the link below to access the Policy 5.9, Anti-Bullying training modules titled *Parent module* or visit www.browardprevention.org and click on the module titled parent training.

Volunteer & Mentor Application Process: If your interest and concern for students motivates you to volunteer in Broward County Public Schools, you will need to fill out the volunteer application on-line. The Volunteer Application can be found at www.browardschools.com by clicking on the Community tab, then Volunteers. The Volunteer Application and Mentoring information will be found under Volunteer Services. You can also find information about becoming a BCPS Mentor in the same area or please contact the Office of Equity & Academic Attainment at 754-321-1600.

Book Fair Schedule - Fall 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
7:30-7:45	Parent Shopping	Parent Shopping	Parent Shopping	Parent Shopping	Parent Shopping
7:45-8:00	Parent Shopping	Parent Shopping	Parent Shopping	Parent Shopping	Parent Shopping
8:00-8:15	Smith	Gutierrez	Peters		Make-up Shopping
8:15-8:30	Smith	Gutierrez	Peters		Make-up Shopping
8:30-8:45	Thompson	Perez	Winston-Henry	Howell	Make-up Shopping
8:45-9:00	Thompson	Perez	Winston-Henry	Howell	Make-up Shopping
9:00-9:15	Law	Rossi	Pimentel	Kiesel	Make-up Shopping
9:15-9:30	Law	Rossi	Pimentel	Kiesel	Make-up Shopping
9:30-9:45	Plaksin	Camargo	Docteroff	Dominick	Make-up Shopping
9:45-10:00	Plaksin	Camargo	Docteroff	Dominick	Make-up Shopping
10:00-10:15	Rosario	Burke	Delgado	Qureshi	Make-up Shopping
10:15-10:30	Rosario	Burke	Delgado	Qureshi	Make-up Shopping
10:30-10:45	Closed	Closed	Closed	Closed	Make-up Shopping
10:45-11:00	Closed	Closed	Closed	Closed	Make-up Shopping
11:00-11:15	Closed	Closed	Closed	Closed	Make-up Shopping
11:15-11:30	Closed	Closed	Closed	Closed	Make-up Shopping
11:30-11:45	Make-up Shopping	Make-up Shopping	Make-up Shopping	Make-up Shopping	Make-up Shopping
11:45-12:00	Make-up Shopping	Make-up Shopping	Make-up Shopping	Make-up Shopping	Make-up Shopping
12:00-12:15	Closed	Closed	Closed	Closed	Closed to Clean Up
12:15-12:30	Closed	Closed	Closed	Closed	Closed to Clean Up
12:30-12:45	Closed	Closed	Closed	Closed	Closed to Clean Up
12:45-1:00	Closed	Closed	Closed	Closed	Closed to Clean Up
1:00-1:15	Closed	Closed	Closed	Closed	Closed to Clean Up
1:15-1:30	Closed	Closed	Closed	Closed	Closed to Clean Up
1:30-1:45	Closed	Closed	Closed	Closed	Closed to Clean Up
1:45-2:00	Closed	Closed	Closed	Closed	Closed to Clean Up
2:00-2:15	Closed	Closed	Literacy Night and After Hours Family Shopping (4-6:30 PM)	Closed	Closed to Clean Up
2:15-2:30	Closed	Closed		Closed	Closed to Clean Up
2:30-2:45	Closed	Closed		Closed	Closed to Clean Up
2:45-3:00	Closed	Closed		Closed	Closed to Clean Up

READ! READ!
FAMILY LITERACY NIGHT
READ! READ!

Grab your magnifying glass and put on your detective hat as we explore the world of words and stories.

- GRADE LEVEL LITERACY GAMES
- WORLD OF READING - FREE BOOKS
- BROWARD COUNTY LIBRARY
- DUAL-LANGUAGE
- STORYTIME W/ MS. DEJESUS
- CHAT WITH MRS. GOMEZ, OT
- LATE NIGHT BOOK FAIR SHOPPING
- STUDENT DETECTIVE KITS



**UNLOCK THE
MYSTERIES OF
READING!**

But that's not all...there's a chance for you to be the lucky winner in our basket giveaway. So come prepared to crack the code and take home some fantastic literary treasures.

READ! READ!
OCTOBER 4TH @ 5:30 PM
READ! READ!

Report a Threat in Broward County Schools

IF YOU SEE SOMETHING, SAY SOMETHING.

Be a Broward Buddy, Report a Tip!

Call 911 immediately in an emergency. If you have a NON-Emergency Safety or Security concern, please report it through any of our available tip reporting tools. (You may choose to remain anonymous or provide contact information for a callback.)

Call School District Operations Center: Call our District Security Operations Center (DSOC) 24 hours a day, 7 days per week (including holidays). One of our friendly DSOC Specialists will take your tip over the phone. Your tip will reach Broward Schools Investigators and then law enforcement, if applicable. Please let the DSOC Specialist know if you wish to remain anonymous.

Email: Submit a tip to the email address below. Although your email address is shown using this tip reporting method, you can choose to remain anonymous by simply requesting it in your message. Your tip will reach Broward Schools Investigators and then law enforcement, if applicable. SecurityTips@Browardschools.com.

FortifyFL: Submit a tip via FortifyFL online (no download required) or download the app for easier use. Visit FortifyFL using the link below. Your tip will reach law enforcement and Broward Schools investigators. GetFortifyFL.com.

SaferWatch: Submit a tip via SaferWatch (download required). Visit SaferWatch using the link below. Your tip will reach law enforcement. www.saferwatchapp.com/browardschools/.

DISTRICT EMERGENCY PROTOCOLS FOR 2023-2024

IN AN EMERGENCY TAKE ACTION



HOLD!



SECURE!



LOCKDOWN!



EVACUATE!



SHELTER!



IN AN EMERGENCY TAKE ACTION



HOLD – Hold in your room or area. Clear the hallways. (Reference: medical, large fight, etc.)



SECURE – Get inside, lock all outside doors. (Business as usual)



LOCKDOWN- Locks, Lights, out of Sight. Lock doors and turn off lights (**Activate Alyssa's Alert or Call 911**)



EVACUATE- Exit to specific location. (Listen for location)



SHELTER- Hazard will be announced. Follow the safety strategy provided.

Important Arrival and Dismissal Reminders

School Times: 8:00 a.m. to 2:00 p.m. First Bell - 7:50 a.m.

Students are not permitted on campus before 7:30 a.m. There is no supervision before 7:30 a.m.

This is an important safety alert for our parents. Please remember that students should not be dropped off or arrive at school prior to 7:30 a.m. This is a safety concern as there is no supervision prior to 7:30 a.m. **Please do not stop and drop off or pick up your children on 172nd Avenue or 9th Street. Also, please do not block the crosswalks while waiting in the car line. Dropping off or picking up your child while stopped on 172nd Avenue or 9th Street is extremely dangerous for the children, parents and other drivers.** Please follow all traffic laws and drive to the appropriate area of the school parking lot to drop off or pick up your children. **All CAR RIDERS** should be dropped off for school and picked up in the EAST (back of school) parking lot. The WEST Parking lot (front of school) is for District school buses, private transportation vehicles, staff members and A-Team student drop off only.

When dropping off or picking up in the car line, please pull all the way forward until all cars stop before you allow your child to exit or enter the vehicle. Once all cars have stopped, students may exit or enter the vehicle under the covered walkway. Also, students walking/ biking to school should always follow the sidewalks around the perimeter of the car line. They are NOT to cut through the car line. This is for everyone's safety. Remember, we are all role models for the children and they learn the rules of the road from us. Thank you for your cooperation in keeping everyone at Panther Run Elementary School Safe.

It is every parents' responsibility to ensure that their child arrives at school on time every day. The first bell rings at 7:50 a.m. Students enter classrooms at 7:50 a.m. to prepare for class. Classes start at 8:00 a.m. Your child will be marked tardy after the second bell and it will be reflected on their report card.

Panther Run Elementary New Arrival & Dismissal Procedures 2023-2024



Everyone will be held and dismissed from inside the building for the 2023-2024 school year.

Car Line Dismissal Procedures: All car rider students will remain inside the building for car line dismissal (rain or shine). Parents will enter the Eastside of campus via NW 9th Street and drive through the back car loop. The school issued car rider placard with your child's name and grade level must be displayed in the front window of your vehicle. A staff member at the front of the line will radio for your child to be escorted to the car line. Please pull all the way forward until all cars stop and wait for your child to be escorted to your vehicle. For the safety of everyone, please remain in your vehicle. Do not get out of your vehicle at any time in the car line. Our staff will do our best to assist. Per the District, staff are not allowed to open and close vehicle doors. So please practice entering and exiting a vehicle safely with your child. **These procedures include A-Team students. A-Team students will no longer be dismissed from the front of the school. A-Team students will be dismissed from the back of the school in the car line dismissal area.** **Car line arrival** has not changed from last year's procedures. Students will be dropped off on the Eastside of campus and enter through the PE door. A-Team students continue to be dropped off in the front of the school. A-Team parents are to park in a designated parking spot and escort their child to the drop off location by the exterior cafeteria door.

Bus Dismissal Procedures: All bus students will remain inside the building for bus dismissal. Bus students will be escorted to the main hallway by the front office and line up inside the building at their Bus letter/number. Once everyone has arrived, the bus students will be escorted outside by a staff member and loaded onto their bus. This includes aftercare transportation vehicles. **Bus arrival** has not changed from last year's procedures. Students will be dropped off at the front of the school and enter the building through the front doors.

VPK (Voluntary Pre-K) Dismissal Procedures: VPK students will be dismissed at 1:45 p.m. The VPK teacher and the classroom assistant will bring the students to the cafeteria to be dismissed out the exterior Cafeteria door. VPK parents will remain in their vehicle and the students will be called outside and escorted to the parent's vehicle. **VPK arrival** will be at the front of the school. Parents are to park in a spot on the Southside of the parking lot and then escort their child to the designated VPK drop-off location.

Walkers & Bikers Dismissal Procedures: Students who live on the Eastside of campus (Pembroke Isles Community), will be escorted out the PE door to walk around the perimeter sidewalk and exit the campus through the back gate by the bike rack. Primary students need to be handed off to a parent or guardian at the gate. Students who live on the Westside of campus (Silver Lakes Community), will be escorted out the front doors of the school to the bus area. These students will then walk north on NW 172nd Ave. to cross the road at the crossing guard. **For arrival,** walkers/bikers who live on the Eastside of campus will enter the building through the PE door. Walkers/Bikers who live on the Westside of campus will enter the building through her front doors of the school.

Dress Code

Panther Run has a mandatory school unified dress code.

All students attending Panther Run must adhere to this unified dress policy. Uniforms can be purchased through the school-approved dealer or at a local department store. The unified dress code consists of navy blue or khaki colored pants, skirts or shorts. Girls may choose to wear skorts or jumpers in these same colors. Polo shirts in navy blue, hunter green, or gray will be worn. The Panther Run PTA school tee shirt can also be worn. Cargo pants are not permitted. Students are permitted to wear jeans that fit properly and are not torn. Loafers, closed shoes or sneakers may also be worn. More information on school uniforms is available in the school office. Parents can apply for a waiver to the school uniform policy within the first ten days their child is enrolled at Panther Run, or within the first ten days of the beginning of every school year. Waivers are available in the front office. Student identification badges are part of the dress code and must be worn at all times on campus. Students are not permitted to wear suggestive, revealing or indecent clothing; including but not limited to clothing that exposes private body parts and/or displays pictures or words that have a sexual connotation. Hoodie sweatshirts, leggings and hats are not allowed to be worn in school.

News from Food & Nutrition

School breakfast & lunch are free for Panther Run Elementary students

Thanks to federal, state and local partnerships, Food and Nutrition Services are able to offer variety and well-balanced nutritious meals. The National School Lunch Program provides the student the opportunity of selecting a lunch consisting of 5 meal components (Meat/ Meat Alternate, Milk, Grain, 2 fruits or vegetables). The student may choose 3, 4, or 5 components for the same price. A student may refuse 1 or 2 of the meal components. The idea of “3 are good, 4 are better and 5 are best” is promoted to assure the greatest variety and nutrient intake. This is our government’s way to assure that its financial support pays for only those meals that meet defined federal standards. School lunch meals provide an assortment of foods including entrée salads and fresh fruit daily. For students who prefer to bring a bag lunch, either low fat white, strawberry or chocolate milk, or water are available for \$.50 per carton. Ice Cream will be sold on Wednesdays for \$1.00. If a student does not select 3 of the 5 components offered as a meal, then the meal does not qualify for federal reimbursement and the student must pay ala carte prices. Students are charged a la carte prices for additional portions and for specialty items. Because of the government’s support, choosing the school lunch meal is a real bargain. Please see the list of ala carte items and prices on page 14 of this newsletter. A couple items on the list will be sold daily based on availability. Therefore, not all items on the list will be sold every day. There are 47 schools in Broward County that do not qualify for Community Eligibility Program (CEP). These schools have been accepted for the universal free lunch pilot program. Under this pilot program, all students at Panther Run Elementary School will be receiving lunch for free. Breakfast is free District-wide for all students. Therefore we are highly encouraging parents to apply for the free & reduced meal benefit program this year. Students will bring home a Free and Reduced Price Meal application the first week of school. The United States Department of Agriculture provides free or reduced price meal to children whose families meet income requirements. This helps assure that all children have access to nutritious food during the school day. Children need proper nutrition to grow, be healthy and learn. Only one application is necessary per household. Information is secure and confidential. Non-citizens and non-residents may apply for benefits. Please contact your child’s school or the District Meal Benefits Department at 754-321-0250 if you have questions. **Complete a Free and Reduced Price Meal Application Today.** If you have any questions, please call the Food and Nutrition Services office at 754-321-0215.

Breakfast Menu for October

PANTHER RUN ELEMENTARY / Breakfast / Menu at Panther Run Elementary

OCTOBER 2023

Mon	2	Tue	3	Wed	4	Thu	5	Fri	6
Assorted Cereal Flavored Yogurt Cup Cinnamon Stick Muffin Top Dried Apple Crisps Pineapple Tidbits Cup Milk		Eggs, Pork Sausage, Bacon & Cheese Breakfast Bagel Assorted Cereal Yogurt Parfait w/ Mandarin Orange Honey Wheat Biscuit Chilled Apricots Fresh Apple Slices Milk		Fluffy Scrambled Eggs Assorted Cereal Flavored Yogurt Cup Croissant Roll Strawberry Nutrigrain Bar Applesauce Cup Fresh Sliced Orange Milk		Assorted Cereal Flavored Yogurt Cup Breaded Mini Chicken Fillet Honey Wheat Biscuit Fresh Banana (Ripe) Apple Juice Milk		Large Cinnamon Bun Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Raisels Fresh Banana (Ripe) Milk	
Mon	9	Tue	10	Wed	11	Thu	12	Fri	13
Mini French Toast Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Dried Apple Crisps Pineapple Tidbits Cup Milk		Breaded Mini Chicken Fillet Assorted Cereal Yogurt Parfait w/ Mandarin Orange Honey Wheat Biscuit Raisins Fresh Apple Slices Milk		Confetti Pancakes Assorted Cereal Flavored Yogurt Cup Strawberry Nutrigrain Bar Pears, Cup Fresh Sliced Orange Milk		Fluffy Scrambled Eggs Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Apple Juice Fresh Banana (Ripe) Milk		Mini Maple Waffles Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Chilled Peaches Flavored Cranberries Milk	
Mon	16	Tue	17	Wed	18	Thu	19	Fri	20
Cinnamon French Toast Sticks Assorted Cereal Flavored Yogurt Cup		Breaded Mini Chicken Fillet Assorted Cereal Yogurt Parfait w/ Blueberry Honey Wheat Biscuit		Breakfast, Cheese Omelet Assorted Cereal Flavored Yogurt Cup Croissant Roll		Pork Sausage Patty Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit		Mini Maple Pancakes Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit	

Elementary Breakfast & Lunch Milk Options White Milk - Strawberry Milk - Chocolate Milk Lunch (Lunch Only) - Lactose Free Milk
 Daily Yogurt Menu Greek Strawberry Yogurt - Danimals Strawberry Banana Yogurt - Peach Yogurt - Raspberry Yogurt - Strawberry Banana
 Yogurt - Peach Yogurt - Strawberry Yogurt - Vanilla Yogurt
 Daily Cereal Options Cinnamon Chex Cereal - Apple Jacks Cereal - Cherrios Cereal - Cinnamon Toast Crunch Cereal - Froot Loops Cereal -
 Frosted Flakes Cereal - Golden Grahams Cereal - Trix Less Sugar Cereal - Rice Chex Cereal - Rice Krispies Cereal - Lucky Charms Cereal -
 Cocoa Puffs Cereal
 Breakfast(\$0.00) Reduced Lunch(\$0.00) Elementary Lunch(\$0.00) Middle Lunch(\$0.00) High Lunch(\$0.00) Breakfast - Adults(\$2.70)
 Lunch - Adults(\$4.75)

View more: <http://schools.meriviewer.com/school/PantherRunElementarySchool>

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Breakfast Menu for October

PANTHER RUN ELEMENTARY / Breakfast / Menu at Panther Run Elementary

OCTOBER 2023

Mon 16	Tue 17	Wed 18	Thu 19	Fri 20
Honey Wheat Biscuit Dried Apple Crisps Pineapple Tidbits Cup Milk	Chilled Apricots Fresh Apple Slices Milk	Strawberry Nutrigrain Bar Applesauce Cup Fresh Sliced Orange Milk	Apple Juice Fresh Banana (Ripe) Milk	Chilled Peaches Fresh Banana (Ripe) Milk
Mon 23	Tue 24	Wed 25	Thu 26	Fri 27
Mini French Toast Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Dried Apple Crisps Pineapple Tidbits Cup Milk	No Information Provided	Chocolate Filled Crescent Assorted Cereal Flavored Yogurt Cup Strawberry Nutrigrain Bar Chilled Mixed Fruit Pears, Cup Milk	Early Risers Egg & Hashbrown Assorted Cereal Flavored Yogurt Cup Honey Wheat Biscuit Apple Juice Fresh Banana (Ripe) Milk	Waffles, Eggoji 4" Assorted Cereal Pop Tart & Cheese Honey Wheat Biscuit Chilled Peaches Flavored Cranberries Milk
Mon 30	Tue 31			
No Information Provided	No Information Provided			

Elementary Breakfast & Lunch Milk Options White Milk - Strawberry Milk - Chocolate Milk Lunch (Lunch Only) - Lactose Free Milk
 Daily Yogurt Menu Greek Strawberry Yogurt - Danimals Strawberry Banana Yogurt - Peach Yogurt - Raspberry Yogurt - Strawberry Banana
 Yogurt - Peach Yogurt - Strawberry Yogurt - Vanilla Yogurt
 Daily Cereal Options Cinnamon Chex Cereal - Apple Jacks Cereal - Cherrios Cereal - Cinnamon Toast Crunch Cereal - Froot Loops Cereal -
 Frosted Flakes Cereal - Golden Grahams Cereal - Trix Less Sugar Cereal - Rice Chex Cereal - Rice Krispies Cereal - Lucky Charms Cereal -
 Cocoa Puffs Cereal
 Breakfast(\$0.00) Reduced Lunch(\$0.00) Elementary Lunch(\$0.00) Middle Lunch(\$0.00) High Lunch(\$0.00) Breakfast - Adults(\$2.70)
 Lunch - Adults(\$4.75)

View more: <http://schools.mealviewer.com/school/PantherRunElementarySchool>

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Lunch Menu for October

PANTHER RUN ELEMENTARY / Lunch / Menu at Panther Run Elementary

OCTOBER 2023

Mon	2	Tue	3	Wed	4	Thu	5	Fri	6
Latin Style Black Beans Meal Yogurt w/ Sunflower Seeds & Crackers Asian Glazed Breaded Chicken Bites Grilled Cheese Brown Rice Cheez It Crackers Fresh Baby Carrots, Snack Pack Steamed Spinach Steamed Green Beans Fresh Apple Slices Chilled Pears Milk White Milk	Rotini w/ Italian Meat Sauce & Cheddar Cheese Chocolate No Nut Butter Sandwich w/ Sunflower See Salad, Egg & Cheese Rotini w/ Italian Meat Sauce Garlic Breadsticks Fresh Sliced Cucumbers Steamed Broccoli Rosati Frz Cup Chilled Peaches Milk White Milk	Baked Corndog Jamaican Beef Patty Vegan Bean & Green Chile Burrito Salad, Seeds & Cheese Cheeseburger Sliders Cheez It Crackers Cool Tropics Veggie Edge Steamed Edamame Vegetables Sweet Potato Crinkle Cut Fries Chilled Peaches Applesauce Cup Milk White Milk	Chicken Popcorn Vegan, Chik'n Nuggets w/ Grain Salad, Vegan Chik'n Nuggets Chicken Nuggets Wild White Nacho Dorito Chips Baked Beans Sweet Potato Crinkle Cut Fries Black Beans Dried Fruit, Mixzees Blueberry Cup Milk White Milk	Cheese Pizza Wedge Baked Potato & Cheese Pierogies Hummus and w/ Crackers Marinara Sauce Cup Potato Smiles Fresh Mini Sweet Peppers Steamed Carrots Fruit Blend Juice Fruit Blend Juice Milk White Milk Farmers Market Smart Cookie					
Mon	9	Tue	10	Wed	11	Thu	12	Fri	13
Chicken, Tangerine Latin Style Black Beans Meal Yogurt w/ Sunflower Seeds & Crackers Brown Rice Wheat Roll	Premium Beef Taco Nut-Free Butter Meal Salad, Egg & Cheese Tortilla Chips Brown Rice	Mexican Pizza Vegan Bean & Green Chile Burrito Salad, Seeds & Cheese Macaroni and Cheese Wheat Crackers	Chicken Breast Tenders BBQ Pulled Turkey on Bun Vegan, Chik'n Nuggets w/ Grain Salad, Sliced Turkey and Cheese	Pull Apart Cheezy Breadsticks Boneless Breaded Pork Chop Patty on Bun (Pork) Veggie Grillers Original Burgers on Bun					

Elementary Breakfast & Lunch Milk Options White Milk - Strawberry Milk - Chocolate Milk Lunch (Lunch Only) - Lactose Free Milk
Daily Yogurt Menu Greek Strawberry Yogurt - Danimals Strawberry Banana Yogurt - Peach Yogurt - Raspberry Yogurt - Strawberry Banana Yogurt - Peach Yogurt - Strawberry Yogurt - Vanilla Yogurt
ES Daily Condiment Choices Jelly, Grape Packets - Jelly, Strawberry Packets - Syrup, Cup - Parmesan Cheese Packets - BBQ Sauce Portion Pack - Duck Sauce Packets - Honey Mustard Portion Pack - Ketchup Packets - Mayonnaise Packets - Mustard Packets - Taco Sauce Packets - Tartar Sauce Packets - Ranch Dressing Portion Pack .75oz - Ranch Dressing Portion Pack 1.5oz - Caesar Dressing - Creamy Italian Dressing - French Dressing - Balsamic Vinaigrette Dressing
Breakfast(\$0.00) Reduced Lunch(\$0.00) Elementary Lunch(\$0.00) Middle Lunch(\$0.00) High Lunch(\$0.00) Breakfast - Adults(\$2.70) Lunch - Adults(\$4.75)

View more: <http://schools.mpls.k12.mn.us/school/PantherRunElementary/School>

This Institution is an Equal Opportunity Provider

Lunch Menu for October

PANTHER RUN ELEMENTARY / Lunch / Menu at Panther Run Elementary

OCTOBER 2023

Mon 9	Tue 10	Wed 11	Thu 12	Fri 13
Steamed Broccoli Fresh Baby Carrots, Snack Pack Steamed Edamame Vegetables Fresh Apple Slices Harvest Mixed Fruit Cup Milk White Milk	Salsa Cup Steamed Corn Frozen Rips Raspberr Passion Fruit Milk White Milk	Potato Wedges Baked Beans Steamed Broccoli Raisins Chilled Peaches Milk White Milk	Chicken Nuggets Wild White Nacho Dorito Chips Fresh Celery Sticks Steamed Edamame Vegetables Potato Crinkle Cut Fries Harvest Mixed Fruit Cup Mandarin Oranges Cup Milk White Milk	Marinara Sauce Cup Potato Crinkle Cut Fries Farm Fresh Corn Cobettes Fresh Banana (Ripe) Milk White Milk Smart Cookie, Food & Nutrition
Mon 16	Tue 17	Wed 18	Thu 19	Fri 20
Mexican Pizza Latin Style Black Beans Meal Yogurt w/ Cheese & Crackers Yogurt w/ Sunflower Seeds & Crackers Grilled Cheese Brown Rice Steamed Corn Cool Tropics Veggie Edge Steamed Green Beans Fresh Apple Slices	Premium Beef Spaghetti Sauce Vegan Bean & Green Chile Burrito Salad, Egg & Cheese Rotini w/ Italian Meat Sauce Rotini Pasta Garlic Breadsticks Fresh Baby Carrots, Snack Pack Steamed Broccoli	Beef Hot Dog on Bun Mini Cheese Calzone Salad, Vegan w/ Black Beans & Seeds Salad, Vegan w/ Garbanzo Beans & Seeds Cheeseburger Sliders Wheat Crackers Baked Beans Potato Wedges	Chicken Nuggets Grilled Cheese Vegan, Chik'n Nuggets w/ Grain Salad, Vegan Chik'n Nuggets Wild White Nacho Dorito Chips Steamed Italian Blend Vegetables Sweet Potato Crinkle Cut Fries Black Beans	Cheese Pizza Wedge Sloppy Joe Beef Sliders Hummus and w/ Crackers Yuca Steak cut fries Fresh Zucchini Rounds Steamed Carrots Fruit Blend Juice Milk White Milk Farmers Market Smart Cookie

Elementary Breakfast & Lunch Milk Options White Milk - Strawberry Milk - Chocolate Milk Lunch (Lunch Only) - Lactose Free Milk
 Daily Yogurt Menu Greek Strawberry Yogurt - Danimals Strawberry Banana Yogurt - Peach Yogurt - Raspberry Yogurt - Strawberry Banana Yogurt - Peach Yogurt - Strawberry Yogurt - Vanilla Yogurt
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View more: <https://schools.mealwizard.com/School/PantherRunElementarySchool>

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Lunch Menu for October

PANTHER RUN ELEMENTARY / Lunch / Menu at Panther Run Elementary

OCTOBER 2023

Mon 16	Tue 17	Wed 18	Thu 19	Fri 20
Chilled Pears Milk White Milk	Frozen Whole Fruit Cup Chilled Peaches Milk White Milk	Sweet Potato Crinkle Cut Fries Chilled Peaches Applesauce Cup Milk White Milk	Dried Apple Crisps Blueberry Cup Milk White Milk	
Mon 23	Tue 24	Wed 25	Thu 26	Fri 27
Baked Corn dog Chocolate No Nut Butter Sandwich w/ Sunflower See Hummus and w/ Crackers Grilled Cheese Cool Tropics Veggie Edge Fresh Baby Carrots, Snack Pack Flavored Cranberries Applesauce Cup Milk White Milk	No Information Provided	Three Cheese Cavatapp Cheeseburger Calzone Vegan Bean & Green Chile Burrito Salad, Seeds & Cheese Corn Bread Poppers Steamed Broccoli Cool Tropics Veggie Edge Raisins Chilled Peaches Milk White Milk	Breaded Chicken Fillet on Bun Turkey & Cheese on Bun Vegan, Chik'n Nuggets w/ Grain Salad, Sliced Turkey and Cheese Chicken Nuggets Wild White Nacho Dorito Chips Fresh Sliced Cucumbers Potato Wedges Potato Crinkle Cut Fries Blue Raspberry Applesauce Cup Mandarin Oranges Cup Milk	Pull Apart Cheezy Breadsticks Pork Carnita on Bun Veggie Grillers Original Burgers on Bun Marinara Sauce Cup Sweet Potato Crinkle Cut Fries Fresh Squash Rounds Fresh Banana (Ripe) Milk White Milk Farmers Market Smart Cookie

Elementary Breakfast & Lunch Milk Options White Milk - Strawberry Milk - Chocolate Milk Lunch (Lunch Only) - Lactose Free Milk
 Daily Yogurt Menu Greek Strawberry Yogurt - Danimals Strawberry Banana Yogurt - Peach Yogurt - Raspberry Yogurt - Strawberry Banana Yogurt - Peach Yogurt - Strawberry Yogurt - Vanilla Yogurt
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View more: <http://schools.muskegon.com/school/PantherRunElementarySchool>

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Elementary School Cafeteria Ala Carte Items for Lunch

ALA CARTE MISC			
Elementary School Items			
Chex Mix			0.75
Chips (Grain or Non-Grain)			0.75
Crackers			0.75
Frozen Whole Fruit Cup			1.00
Milk			0.50
Ice Cream			1.00
Non-Dairy Ice Cream			1.00
Popcorn (.25G)			0.75
Poptarts (whole grain)			0.75
Rice Krispie Treat			1.00
String/cubed cheese			0.50
Smart Cookie (whole grain)			0.50
Sunflower Seeds			0.75
Tortilla Rounds Chips (2 Grain)			1.00
Tortilla Scoops (1 Grain)			0.75
Water 8 oz			0.50
Welch's Juice Slush/Rips			1.00



AFTER SCHOOL CARE

Sunshine is a not-for-profit child care provider that has been providing superior school-age child care programs in Broward County since 1992. All of their programs are licensed and insured, and operate under the policies and directives of the Division of Children & Family Services and the Broward County School Board.

Sunshine is one of the highest rated After School Care Programs in Broward County. Their outstanding programs are recognized for meeting and/or exceeding the quality standards set forth by The Children and Family Services Licensing Department, the Broward County School Board and the Broward County Children Services Council.

They currently provide over 3,000 students with a wide variety of educational and recreational activities in their After School Care, No School Day and Camp Programs.

Their mission is to provide students with an inclusive child care program that is safe and nurturing in a comfortable environment. A culturally enriching program that promotes the physical, intellectual, emotional and social development of each child and a program that meets the highest quality of child care standards.

CONTACTS

Sunshine After School Child Care

Corporate Office: [954-236-8850](tel:954-236-8850)

Corporate email: info@sunshinefl.com

After Care: 2:00 - 6:00 pm

REGISTRATION AND FEES

Fee Schedules can be viewed on their website at www.sunshinefl.com

Registration fee and first period payment is due once your application is submitted online.

REGISTRATIONS ACCEPTED ONLINE ONLY AT:

<https://www.ezchildtrack.com/parentportal/?c=sunshineasc>

PANTHER RUN ELEMENTARY **2023-2024 Fun Friday's Dress Ups**

SEPTEMBER

- 1-Wear Red, White, & Blue
- 8-Hat Day
- 15- Miami Dolphins Day
- 22-Wear all White for Peace
- 29-Rock and Roll Day

OCTOBER

- 6-Breast Cancer Awareness: Wear Pink
- 13-Detective Day
- 20-Red Ribbon Week
- 27-Costume Day (No mask or weapons)

NOVEMBER

- 3-Disney Day
- 17-Wear Camo for Veterans

DECEMBER

- 1-Wear Favorite Holiday Attire
- 8-Wacky Hair Day
- 15-Grinch Day
- 22-Pajama Day

JANUARY

- 12- Wear Cool Blue
- 19- Celebrity Look Alike Day
- 26-Celebrate Literacy Week

FEBRUARY

- 2- Inside Out Day
- 9-Superhero/Villain Day
- 16-Red and Pink Day
- 23-Cartoon Day

MARCH

- 1- Dress like a Book Character
- 8- Comfy Day
- 15- Math Madness Week

APRIL

- 5-Wear Purple for Military Kids
- 12-Autism Awareness Week
- 19-Denim Day
- 26-When I Grow Up (Career Day)

MAY

- 3- STAR WARS/Space Day
- 10-Wear a Pet Shirt
- 17-Wear Multicultural Attire
- 24-Wear Stars & Stripes
- 31-Tacky Tourist Day

